

# San Antonio Area HIV Health Services Planning Council

Department of Community Resources, 233 N. Pecos, Ste. 590, San Antonio, TX 78207 (210) 335-7056 FAX (210) 335-1514



## NOTICE OF PUBLIC MEETING

### Needs Assessment Committee

Thursday, March 2, 2017

233 N Pecos, Suite 590

11:30 a.m. – 1:00 p.m.

- I. **Call to Order** **Enrique Flores**
- II. **Welcome and Introductions**
- III. **Approval of the Agenda**
- IV. **Approval of the Minutes from February 2, 2017**
- V. **Item:** Discussion and appropriate action regarding the Viral Suppression Pamphlet
- VI. **Public Comment**  
*Note: This part of the agenda is designed to provide Non-Planning Council members the opportunity to address the Planning Council and its Committees with issues related to the Council's legislative mandates as stated in the re-authorized Ryan White HIV/AIDS Treatment Modernization Act. Fifteen (15) minutes of time will be set aside for public comment at each meeting. No speaker will be allowed more than five (5) minutes, and depending on the number of speakers, the amount of time allocated per speaker may be less than five (5) minutes. Persons wishing to provide comments may do so by signing up on the "Public Comment" sign-in sheet prior to the call to order.*
- VII. **Scheduling of Next Meeting: April 6, 2017 at 11:30 am at Vista Verde Building, 233 N Pecos, 5<sup>th</sup> Floor Conference Room**
- VIII. **Announcements**
- IX. **Adjournment**

**Mission:** To create a broad-based community response to the HIV epidemic affecting people within the Transitional Grant Area and to ensure the availability and coordination of high quality, comprehensive health and social services to individuals infected with or affected by HIV.

**For meeting information, please call (210) 335-7056**

This meeting is wheelchair accessible. The accessible entrance is located at the front entrance of 233 N. Pecos. Accessible parking spaces are also available. Interpreters for the deaf must be requested forty-eight (48) hours prior to the meeting by calling (210)335-7056 or by calling Texas Relay at 7-1-1 for assistance.



# THE SAN ANTONIO AREA HIV HEALTH SERVICES PLANNING COUNCIL

Bexar County Dept. of Community Resources  
233 N. Pecos, Ste. 590, San Antonio, TX 78207  
210.335.7056 (phone) 210.335-1514 (fax)

*The San Antonio Area HIV Health Services Planning Council's mission is to create a broad-based community response to the HIV epidemic affecting people within the Transitional Grant Area and to ensure the availability and coordination of high quality, comprehensive health and social services to individuals infected with or affected by HIV.*

## NEEDS ASSESSMENT MINUTES

**11:15 a.m., Thursday, February 2, 2017**

**Meeting Location: TriPoint, 3233 N. St. Mary's San Antonio, TX 78212**

MEMBERS PRESENT		MEMBERS ABSENT		OTHERS PRESENT	
H. Benavides		R. Garcia			
L. Bustamante				<b>STAFF PRESENT</b>	
E. Flores				<i>Ryan White Grantee / Administrative Agent Staff</i>	
V. Lopez				C. Doria-Ortiz	M. Newman
S. Manning				R. Andrew	
				<i>Planning Council Staff</i>	
<b>Call to order</b>		E. Flores, Committee Chair, called the meeting to order at 11:19 am			
<b>Approval of the Agenda</b>		The agenda was approved as amended			
<b>Approval of the Minutes from January 5, 2017</b>		The minutes were approved as presented.			
<b>ACTION ITEMS</b>					
ITEMS		DISCUSSION/MOTION			ACTION
Discussion and appropriate action regarding the Housing Charrette Recommendations and Final Reports.		The Committee received a presentation on the Housing Charrette Recommendations and Final Reports.			No Action Necessary
Public Comment		None			
Scheduling of Next Meeting		The next meeting was scheduled for February 2, 2016 at 11:30 a.m.			
Announcements		<ul style="list-style-type: none"> <li>• Trauma Informed Care Presentation scheduled for April 7, 2017</li> </ul>			
Adjournment		The meeting was adjourned at 11:18 pm			

**Agenda Coordination Form  
Needs Assessment Committee  
Thursday, March 02, 2017**

<b>Item #</b>	<b>Background</b>	<b>Recommended Motion</b>	<b>Action Taken</b>
1. Discussion and appropriate action regarding the Viral Suppression Pamphlet	The Committee will review and discuss the the Viral Suppression Pamphlet		

**Viral  
Suppression**



**A Cure**

There is no drug that can cure HIV infection, but there are treatments that can help control the virus and protect your immune system, and possibly prevent HIV from becoming AIDS.

**HIV Testing Information**

**Alamo Area Resource Center**  
303 N Frio St  
San Antonio, TX 78207  
210-625-7200

**Beat-AIDS Coalition Trust**  
1017 N Main  
San Antonio, TX 78212  
210-212-2266

**Centro de Vida**  
2711 Palo Alto Rd  
San Antonio, TX 78211  
210-261-3613

**Project H.O.T.**  
314 S Flores St  
San Antonio, TX 78204  
210-261-3600

**San Antonio AIDS Foundation**  
333 Hackberry  
San Antonio, TX  
210-225-4715



**Bexar County**

**Community  
Development  
Department**



**San Antonio Area  
HIV Health Services  
Planning Council**

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[www.HIV210.org](http://www.HIV210.org)

**Viral  
Suppression**



**A Cure**

**What is Viral  
Suppression?**

# Viral Suppression ~~=~~ a Cure



Viral Suppression does not mean a Cure.

## What is Viral Suppression?

Viral Suppression means having very low levels of HIV in the body.

When used regularly, antiretroviral medication can keep HIV controlled at very low levels in the body (known as viral suppression). This allows people with HIV to live longer, healthier lives and reduce the likelihood they will transmit HIV to others. Treatment has been shown to reduce sexual transmission of HIV by 96 percent, and U.S. clinical guidelines now recommend that everyone diagnosed with HIV receive treatment, regardless of their CD4 cell count or viral load.

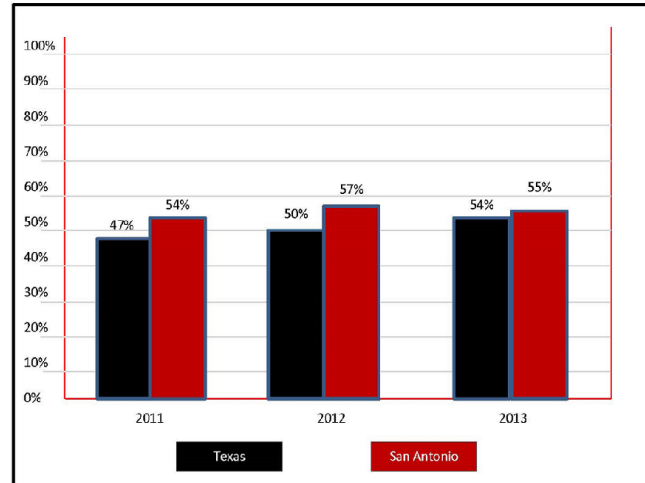
## Steps to Viral Suppression and Healthy Living

- STEP 1 – GET TESTED FOR HIV AND STDs
- STEP 2 – GET DIAGNOSIS
- STEP 3 – GET MEDICAL CARE
- STEP 4 – TAKE PRESCRIBED HIV AND STD MEDICATIONS
- STEP 4 – STAY IN MEDICAL CARE AND CONTINUE TO TAKE PRESCRIBED MEDICATIONS
- STEP 5 – USE CONDOMS CONSISTENTLY AND CORRECTLY

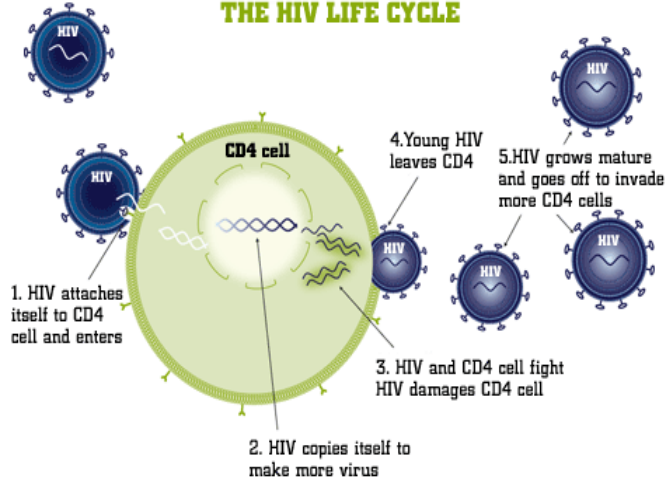
## 2014 National Data from the CDC



## Texas and San Antonio Area Data



## THE HIV LIFE CYCLE



## How antiretroviral drugs work

**Nucleoside/Nucleotide Reverse Transcriptase Inhibitors (NRTIs) or "Nukes"** : These medications act as faulty building blocks in production of viral DNA production. This blocks HIV's ability to make copies of itself. Common Medications include: Emtriva, Epivir, Retrovir, Videx-EC, Viread, Zerit, Ziagen

**Non-Nucleoside Reverse Transcriptase Inhibitors (NNRTIs) or "Non-nukes."** : These medications work in a very similar way to "nukes." They block the enzyme itself to prevent it from functioning correctly. Common Medications include:

Atripla, Complera, Edurant, Intelence, Rescriptor, Sustive, Virmune

**Protease Inhibitors (PIs):** Protease inhibitors block the protease enzyme and prevent long strands of genetic material from being cut up into functional pieces. Common Medications include: Reyataz, Prezista, Telzir, Kaletra, Norvir, Aptivus

**Entry/Fusion Inhibitors:** These medications work to block the virus from ever entering your cells in the first place. Common Medications include: Fuzeon, Selzentry/Celsntri

**Integrase Inhibitors:** HIV uses your cells' genetic material to make its own DNA. Integrase inhibitors block the integrase enzyme and prevent the virus from adding its DNA into the DNA in your CD4 cells. Preventing this process prevents the virus from replicating and making new viruses. Common Medications include: Isentress, Stribild, Tivicay, Triumeq, Vitekta

**Fixed-dose combinations:** These are not a separate class of HIV medications but combinations of the above classes and a great advancement in HIV medicine. They include antiretrovirals which are combinations of 2 or more medications from one or more different classes. These antiretrovirals are combined into **one single pill** with specific fixed doses of these medicines. Common Medications include: Combivir (retrovir+epivir), Epzicom (epivir+ziagen), Trizivir (retrovir+epivir+ziagen), Truvada (Viread + Emtriva)